



abc7chicago.com

WLS-TV/DT  
CHICAGO

▶ Extra Info

Home News Weather Features Business Traffic Sports Extra Info Video Specials Consumer On ABC7 Resources Jobs

...Catch up on the latest news right at your desk over lunch -- Watch our Mid-day Web Brief right NOW -- Just Click Here...

TEXT SIZE: A | A | A | A

search abc7chicago.com

GO

abc7chicago.com Web Superpages.com

## The Doctor of Closetology

"The Closet is not a room to hold clothing but a room to hold emotions," says Jackie Walker. She calls herself the "Doctor of Closetology" because she has prescribed cures for self-esteem through her "Inside-Out" wardrobe advice. "It's not about clothes! It's about the way you feel about yourself" is her message. She has made "House Calls" across the nation and taught the art of stressless dressing.

### RELATED LINKS

▶ Watch the Video

The Doctor of Closetology recognizes that most women suffer from the same complaint. Jackie addresses the problem in her best selling book *I Don't Have A Thing to Wear: The*

*Psychology of Your Closet*. Published by Simon and Schuster, the popular book is in the sixth printing and has just been released in Russia and Indonesia. Jackie invites you to take a tour of your psyche by way of your closet. She explains that your closet is a room of emotion, a room of past lives and future dreams. She teaches that it all starts with "Dressing from the Inside Out." Jackie says any woman can learn how to wear 100% of her closet and never say these words "I Don't Have a Thing to Wear."

Jackie believes what's really hiding in your closet is a true reflection of your inner self. Through her book, she can help you:

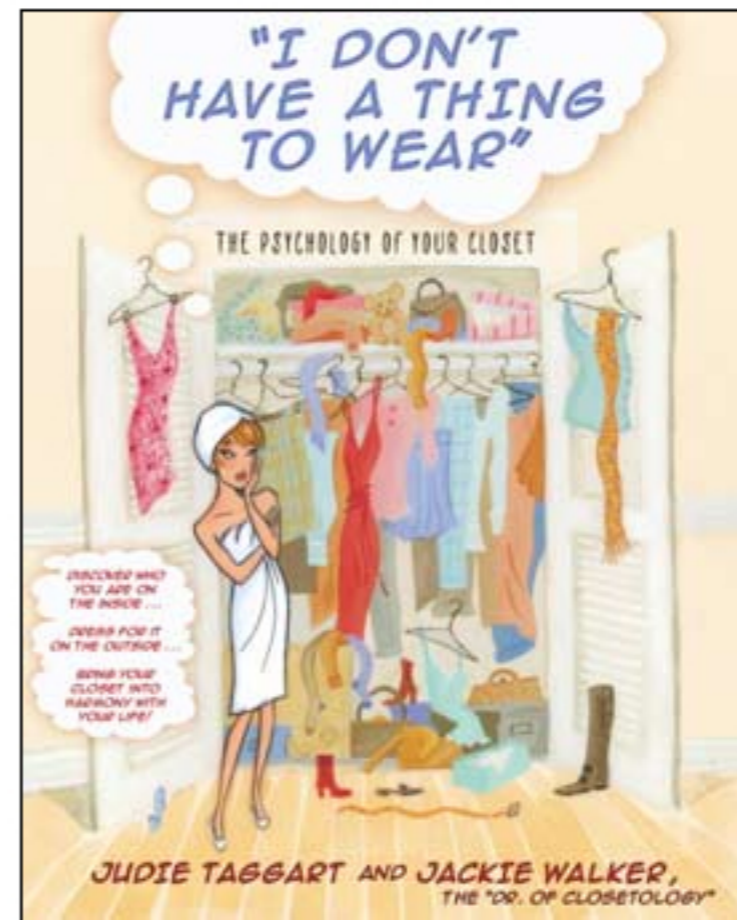
- understand your attitudes and beliefs about clothes and shopping
- dress for your real life -- not the past or the future
- identify your fashion persona (hint: it's not what you think!)
- avoid impulse buys and other shopping traps
- make every item in your closet work for you!

Practical and fun, with revealing quizzes and other tools, *I Don't Have A Thing To Wear* sheds light on the darkest corners of the closet -- and lets you shine!

### About Jackie Walker

Once the youngest couturier buyer in the country, Jackie Walker's career now spans over 25 years in the fashion retail industry and human resources field. In 1988, she started Option Dressing, a personal image consulting service, and saw it develop rapidly into a company well beyond its original concept. Soon Ms. Walker, through her private clients' referrals, was speaking to local groups and planning special events for area companies. Next, conducting company workshops and training seminars became part of her agenda.

For more information visit [www.optiondressing.com](http://www.optiondressing.com).



MARY KAY®

Mary Kay Inc. is The Official Beauty Sponsor of the 2007 CMA Awards.

You could be there on  
**Country Music's Biggest Night™.**



COUNTRY MUSIC'S BIGGEST NIGHT™  
**CMA AWARDS™**

WEDNESDAY NOVEMBER 7 8/7c

**JUST ANNOUNCED**

**0% APR FOR 60 MONTHS**

**FINANCING FOR WELL QUALIFIED BUYERS\***

\* Monthly payment is \$16.67 for every \$1,000 financed. Example down payment is 15.5%. Not available with other offers. Take delivery by 9/4/07. See dealer for details.

**SIERRA GMC**

[CLICK HERE FOR DETAILS ▶](#)

Advertisement

**Refinance at 5.35% Fixed**

Get \$300,000 loan for \$875/month. Calculate Your New Payment. Act Now!  
[Refinance.LoanOffer.com](http://Refinance.LoanOffer.com)

**Money for Nursing School?**



ABC7 Now delivers the news you want right to your desktop! You can pick keywords (triggers) for stories of interest to you. [Click here for more info!](#)